

Riverside Community College District
EMPLOYEE WELL-BEING SUB-COMMITTEE

October 6, 2025

Agenda

Charge:

A permanent sub-committee serving as an advisory body to aid in creating a culture of physical, psychological, and emotional well-being by providing activities and support that will result in healthier lifestyles. Advises on matters related to developing strategies to encourage healthy behaviors in the workplace and creating a health-friendly work environment.

The District recognizes that those represented groups (faculty and classified) are entitled, pursuant to the terms set forth in the Educational Employment Relations Act, to negotiate those matters that fall within the scope of representation. Moreover, it is also recognized that health and welfare may fall within said scope and shall, as required by law, be negotiated with represented groups.

Committee Members:

Tammy Few, Vice Chancellor, Human Resources & Employee Relations

John Geraghty, Controller

Maria Alvarez de Pacheco, Professor, Counseling, MVC

Kara Zamiska, Associate Professor, Psychology, NC

Star Taylor, Associate Professor, English, RCC

Cassandra Greene, Curriculum Program Coordinator, RCC

District Staff:

Claudia Jones, Administrative Technician (for Rosa Espinoza-Leal, Executive Administrative Assistant)

- I. Welcome and Call to Order
- II. Approval of Minutes
 - a. [March 25, 2025 Meeting Notes](#)
- III. Presentations/Guest
 - a. Open Enrollment Debrief – Edwina Cardenas, Benefits Specialist
 - b. Chronic Conditions – Keenan & Associates, Carmen Crane, Senior Account Executive-Employee Benefits
 - c. Employee Wellbeing Benefit Inventory of Carrier Resources – Carmen Crane, Senior Account Executive-Employee Benefits
- IV. Updates and Discussion
 - a. Employee Health Management (Phase 1): Introduction/Participation Focus
 - b. District Strategic Plan Update
 - c. DSPC EWB: Provide one written assessment of the assigned goal(s) to the DSPC in Spring
 - d. AllOne Health App
 - e. Workplace Violence Prevention Program
 - i. [Human Resources & Employee Relations – Employee Violence](#)
 - ii. [Safety](#)
 - iii. [Police](#)
- V. New Agenda Item(s)
 - a. EWB Employee Awareness
 - b. EWB Survey

- c. Champtions
- d. Deer Oaks Presentation December 1, 2025, 1-2:30pm (Topic)
 - i. Services
 - ii. Utilization Report
- e. Intranet HRER (Employee Portal)
 - i. [Employee Portal – Home](#)

VI. Presentations/Guest
(None)

VII. Next Meeting

- a. December 1, 2025, 1-2:30pm